

Prosperity Generator

Listening Instructions

Coaching Session

When listening to the coaching session, listen as often as needed. The first time through, don't worry about listening intently or taking notes. Just get an overview for the concepts and ideas.

Then go through again, as many times as needed, to let the information and ideas sink in.

It can also be beneficial to Free Note while listening. Use a notebook or any kind of word processor, and write down whatever comes to mind as you listen.

This is different than taking notes. Taking notes is trying to summarize the information you are listening to for later recall. Free Noting is using the source material to stimulate your thinking, so that you can open up your vast creativity.

Free Noting will allow you to tap your vast unconscious and connect new ideas with new understandings.

Guided Session

Delayed gratification, being able to put off pleasure into the future rather than enjoying it now, is crucial to prosperity and wealth generation. The more you can do this without needing will power, the more powerful your own prosperity engine will grow.

For this session, think of something you'd like to do today, that you can put off until tomorrow or even later. This shouldn't be something you need to do; rather something you'd like to do. Watching a TV show, or eating something specific, or anything else you'd like to do for pure pleasure.

Once you've chosen your behavior, you're ready to listen. Be sure you are in a comfortable, relaxed position where you won't be disturbed. You'll need to use both hands, so make sure you can move around without any difficulty.

After a few listenings, you will have trained in the mental process, along with the hand motions to help you take pleasure in the present, and put it out into the future.

At this point, it's highly recommended that you consciously practice the act of delayed gratification at least once a day to build up your prosperity engine.

Dual Induction Session

A crucial element of prosperity is that it is a choice, rather than a wish. It's better to have a strong choice, with an uncertain path to prosperity, than having a certain path with only a wish.

For example, if you were a skilled programmer, you may have a wish that someday somebody would "discover" you and make you rich. This would be a clear path with a wish.

On the other hand, if you had a strong choice to create prosperity, regardless of how it happened, and only had a vague idea of what skills you might use, this would be a much better situation.

A strong choice will motivate you to learn any skill necessary to create your riches.

In this listening session, all that's needed is an idea of what kind of skills you'll be using. Sales, marketing, writing, programming, public speaking, anything.

Once you've chosen an area, you're ready to listen. Pay attention during the first few minutes, and then let your mind drift wherever it wants to go.

This session is not meant for your conscious mind, so you don't need to worry about paying attention.

Contact

Please feel free to contact Mind Persuasion with any comments or questions regarding this course, or any other course.

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